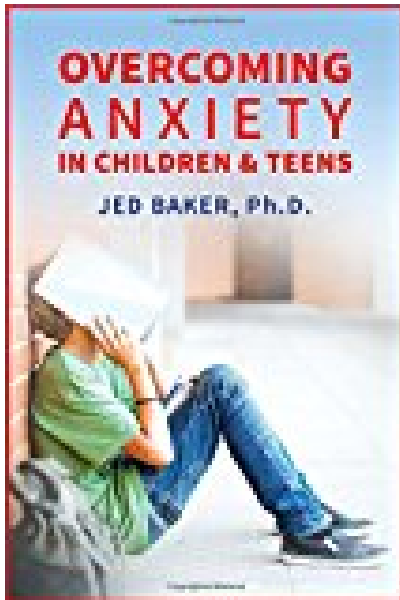


# Overcoming Anxiety in Children & Teens

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## BOOK DETAILS

- Author : Jed Baker
- Pages : 120 Pages
- Publisher : Future Horizons
- Language : English
- ISBN : 1941765149



## BOOK SYNOPSIS

Discusses common anxieties and outlines several tools and techniques for dealing with phobias, anxieties, and panic attacks.

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